



UNLEASH YOUR POTENTIAL

Not sure what's holding you back? BreakThrough's **Total Body Evaluation** analyzes your movement patterns, strength and flexibility. After a 40 minute session, you will know your limitations and receive a customized follow up program just for you.

ACHIEVE YOUR PR • IMPROVE YOUR PERFORMANCE • TRAIN PAIN FREE



Have a Friend who would
benefit from an
Evaluation?

Share our flyer,
Refer a Friend!

The Total Body Evaluation
is completed during a 40
minute appointment for \$80