

263 N. Mathilda Ave.  
Sunnyvale, CA 94086  
www.breakthroughpt.com

Date of Analysis: \_\_\_\_\_

Pain Severity: \_\_\_\_\_

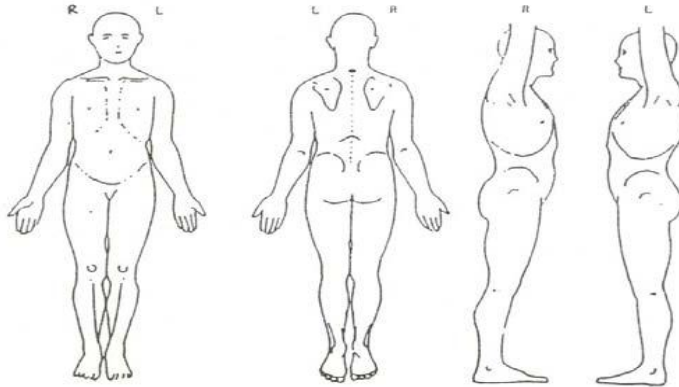
Pain Interference: \_\_\_\_\_

**BreakThrough Physical Therapy, Inc.**  
**Brief Pain Inventory**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

DOB: \_\_\_\_\_



2.

0	1	2	3	4	5	6	7	8	9	10
No pain										Pain as bad as you can imagine

3.

0	1	2	3	4	5	6	7	8	9	10
No pain										Pain as bad as you can imagine

4.

0	1	2	3	4	5	6	7	8	9	10
No pain										Pain as bad as you can imagine

5.

0	1	2	3	4	5	6	7	8	9	10
No pain										Pain as bad as you can imagine

6. What treatments or medications are you receiving for your pain?

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7.

0%	10%	20%	30%	40%	50%	60%	70%	80%	90%	100%
No relief										Complete relief

Patient Name: \_\_\_\_\_

a. General activity

0	1	2	3	4	5	6	7	8	9	10
<i>Does not interfere</i>							<i>Completely interferes</i>			

b. Mood

0	1	2	3	4	5	6	7	8	9	10
<i>Does not interfere</i>							<i>Completely interferes</i>			

c. Walking ability

0	1	2	3	4	5	6	7	8	9	10
<i>Does not interfere</i>							<i>Completely interferes</i>			

d. Normal work (includes both outside the home and housework)

0	1	2	3	4	5	6	7	8	9	10
<i>Does not interfere</i>							<i>Completely interferes</i>			

e. Relations with other people

0	1	2	3	4	5	6	7	8	9	10
<i>Does not interfere</i>							<i>Completely interferes</i>			

f. Sleep

0	1	2	3	4	5	6	7	8	9	10
<i>Does not interfere</i>							<i>Completely interferes</i>			

g. Enjoyment of life

0	1	2	3	4	5	6	7	8	9	10
<i>Does not interfere</i>							<i>Completely interferes</i>			

**Brief Pain Inventory Scoring Instructions**

**1. Pain Severity Score**

This is calculated by adding the scores for questions 2, 3, 4 and 5 and then dividing by 4. This gives a severity score out of 10.

**2. Pain Interference Score**

This is calculated by adding the scores for questions 8a, b, c, d, e, f and g and then dividing by 7. This gives an interference score out of 10.